

ERABS

“The Way Point”

II Edition

VIETRI

29-30 APRILE 2024

LLOYD'S BAIA HOTEL

PRESIDENTI ONORARI
V. BOTTINO - V. PILONE

PRESIDENTE **U. BARDI**

DIR. SCIENTIFICO **A. BRAUN**

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The practice of anesthesia requires a full spectrum of drugs from which an anesthetic plan can be implemented to achieve a desired level of surgical anesthesia, analgesia, amnesia and muscle relaxation”

John J. Nagelhout

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“Opioid-Free anesthesia is possible”

Jan P. Mulier

Opioid Sparing Anesthesia (O.S.A.) is a multimodal analgesia (“balanced analgesia”) by using array of techniques and/or drugs having different sites/mechanisms of action in order to minimize opioid-related adverse effects

Opioid Free Anesthesia (O.F.A.) is a technique where no intra-operative systemic, neuraxial, or intracavitary opioid is administered during the anesthetic

Opioid Benefits

- Haemodynamic stability
- Analgesia and little sedation

Opioid Risk

- Respiratory depression
- Need for post-op ventilation with ventilator associated pneumonia
- Addiction
- Nausea and vomiting
- Gastrointestinale disfunction, ileus
- Pruritus
- Urinary retention
- Hyperalgesia
- Cancer
- Misuse, abuse and overuse

Why to avoid opioid

- Negative side effect profile
Respirator depression, N/V, pruritus, urinary retention
- Immune response suppression
Suppression of natural killer cells
- Cognitive/sleep dysfunction
- Increased risk for addiction postoperatively
- Increased risk of chronic pain

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